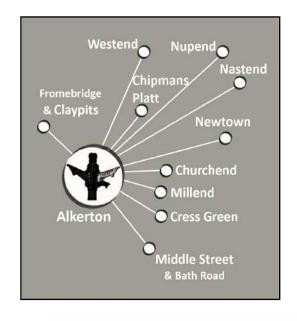


eastington community news

edition 182

https://eastington.website

August/September 2020





Some friends from lockdown walks by the canal.

Photos by Ian Lewis









Signpost

Your news... your ECN!

Written by You, Produced by Tom & Jan Low and Mary Gribble.

Hello again!

After our break in June here we are back again - and with a bumper issue for you.



I think that without doubt, the depth and breadth of community spirit in Eastington has really shone through this crisis, with so many people so willing to really put themselves out to help others. Especially heartwarming has been the eagerness of our younger folks to come to the aid of our less sprightly

Especially heartwarming has been the eagerness of our younger folks to come to the aid of our less sprightly members. The thread of this runs throughout this issue - but there are many more untold stories of individual acts of kindness. As a community we sometimes have our differences and odd wrangles, and disputes crop up from time to time, often too highly visible on social media - we are not saints! But when it really matters we have proved just how well we can act together to look after one another. And we all need a bit of that from time to time.

We have an unusually high number of small businesses and self-employed people in Eastington, and the pandemic has had a serious effect on many. Now that we have a hint of better times a-coming (perhaps!) it is hopeful to see that most are battling through and adapting to this 'new normal'. We can do a lot to help keep our little bit of the economy going, help our local people and ensure that we continue to have access to the services that we want. Please support our local businesses whenever you can.

Finally, a big thank you to all our key workers - in shops, transport, essential services and of course the NHS - to all who have been working so hard to keep the wheels turning. You are very much appreciated.

We hope you enjoy your Eastington Community News!

Tom, Jan and Mary.

GROUPS

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Deadline for next issue : Thursday September 24th (For delivery around 2nd October 2020)

Please email your articles, stories, photos and events to articles@eastington.website or, for ads please use advertising@eastington.website

Space is limited - we may omit. edit or shorten articles. Views expressed in ECN are not necessarily those of the editors.

See it in colour : visit the Eastington Hub at https://eastington.website

Councillors' letter

Eastington Coronavirus Community Volunteers

Eastington has always been a community driven by the power of its brilliant volunteers, and this has never been demonstrated better than with the local response to the corona virus.

When we started we didn't know what was needed or how we should respond - however it didn't feel like doing nothing was an option! Once it looked like lockdown was really coming, a Facebook group was quickly established for volunteers ready to act. We set up a phone line open every morning to take requests from anyone in need of a little help, and swung into action.

We have taken requests for a wide range of services, from just checking in to make sure people are OK to posting packages, collecting prescriptions and walking dogs. Initially we also undertook individual shopping requests but later, working closely with the Co-op, we were able to assist in their phone shopping service where people are able to call the store and place an order to be delivered by one of our volunteers. Our Co-Op have been outstanding in this crisis and I'm sure I speak for everyone when I offer them our thanks.

Our phone holders take the calls and post requests on our facebook page where any group member can volunteer to take on a task. I have been constantly amazed by the helpfulness and responsiveness of our volunteers, I have never known a group be so accommodating; no request ever went unanswered.

We have been reliant on our rota volunteers, they have been staffing the phone line and taking out Co-op deliveries on a weekly basis, this commitment has meant that we have been able to provide a service that our community could rely on.

Supporting people who were self isolating has been an important part of stopping the spread. We have been able to support people who are staying in to protect themselves but also those who are staying at home as they might be symptomatic, helping to reduce any potential local spread.

Long-standing volunteers in the community often talk about the 'same old faces' running the community projects, and the lack of new volunteers. Refreshingly this crisis has encouraged lots of new volunteers to get involved, bringing fresh energy and ideas. Hopefully they have found that volunteering is a wonderfully rewarding way to connect with people and contribute to the community.

The requests have been slowing down in the last month or so and as a result we no longer open the phone line every morning, but the phone is checked every day for messages, and requests will still be fulfilled.

The number remains the same 07495 302263 - and your message will be answered within 24 hours.

Hopefully, as the situation eases, we will be able to wind down the service further but we will be keeping all the systems in place in case of a local lockdown or outbreak.

Jennifer Empson



A HUGE Thank You from Eastington to all who helped!

Local Business

A Letter from Amy at the Co-op



In April, Jennifer Empson approached me and asked about the possibility of doing home deliveries for vulnerable people that had to shield due to the pandemic. She told me that she had a group of volunteers that were willing to collect the shopping and deliver them for us.

I approached my Line Manager and it was agreed we could start a process of doing home deliveries - the Midcounties Ethos is to help serve the community and is community led.

I placed an advert on Love Eastington to let the community know that we would be starting home deliveries. The customer would ring the store and place an order , we would do the shopping, receive a payment over the phone and then the volunteers would collect and deliver on a Monday, Wednesday and Friday. At the peak of the pandemic we were doing between 20-30 home deliveries a week.

We have noticed that it is winding down now as the restrictions are being lifted and we are currently doing up to 10 a week. We are able to deliver most of these ourselves, but we can still call upon the Eastington Volunteers to deliver as needed.

We are very grateful to Jennifer and her team as without them this would not have been possible. The store has been very busy and the colleagues of Eastington Co-op would not have been able to carry out all the deliveries at the peak of the crisis.

We are very privileged to have been able to make these essential food deliveries during these difficult times and want to take this opportunity to say Thank You for supporting your local Co-op

Altogether, Midcounties Co-op have reached a total of 50000 home deliveries , which is absolutely amazing and has been a great success.

Call and Collect

We now also offer a Call and Collect service for everyone who may wish to find a new "normal" whilst still minimising the risk to themselves and their family.

Customers can ring **0800 435902 Monday-Saturday between 8.30-5.00pm** to place an order - or can email the shopping list to **member.communications@midcounties.coop.**This will be 'picked' for you to collect when ready.

If you still need a home delivery, just let us know and we will arrange it for you.

A HUGE Thank You from Eastington to all who helped!

Local Business

A Letter from the Badger



While I'm sure that it would be the dream of some to be alone in a pub for three months plus, after the first week of lockdown we realised we aren't cut out for sitting still.

Firstly, we joined the Eastington Coronavirus Volunteers. We were seeing posts about people struggling to get supermarket delivery slots, people who were immediately cut off from everyone and isolated. Boris closed us down so quickly, we had a kitchen full of food, we wanted to help! And this is how "Free Meals For the Elderly and Vulnerable" twice a week was born.

The first day we prepared only 27 meals but by the end of our lockdown just under 2500 meals had been prepared and delivered. We could not have done this without the help of our brilliant volunteers. Andrew Bingham and Emily Pegler (the chefs), Eva and Katie Underdown, Morgan and Paula Whiteside and Jack Baldwin and his girlfriend Elise, who all gave up their time to help us out. And also, Wickwar Brewery, who financially backed the project as the numbers increased. A huge Thank You to them all.





With the free meals taking up 4 days a week, during the rest of our days we, painted, gardened, planted and re- upholstered.

Basically we did as much as we could to fill in our time and make the Badger, cleaner, fresher and more modern.

Finally, we were given the green light to reopen. We watched as we poured over 1500 pints of ales, ciders and lager down the sink. The new stock came in and we were ready to go.

The hospitality industry has changed. We now have a limited number of staff allowed to work at any one time, we all fill out health questionnaires and have our temperature taken before every shift, table service only allowed, no menus handed out and sanitising every 30 minutes.

Yes, there have been bumps along the way, but we are getting used to this new way of working. For the customers that have visited already and those coming in the future, we hope we can make you feel comfortable, happy and above all safe.

We are now offering Take Away food and drinks every day.

Our kitchen is open noon until 3pm and 6pm until 9pm week days, noon until 9pm Saturdays and Noon until 3pm on a Sunday.

Cream teas are served between 3pm and 6pm every day

We have enrolled onto the governments "Eat Out to Help Out" scheme. Which offers 50% off food and soft drinks (or up to £10 per person) Mondays, Tuesdays and Wednesdays.

In the future we hope to hold a Cider Festival, have some live music in the garden, hold a children's day and celebrate National Dog Day. **Keep up to date by checking our Facebook page.**

Here's to the future, may normality return ASAP.

Heather, Mark and Team Badger

A HUGE Thank You from Eastington to all who helped!

Eastington Primary School – Year 6 – 2020

Here in year 6, the year is drawing to a close. What a unique final year we've had. We've had ups and downs and got through it all - we made the most of it.

During our Eastington years, we've had many exciting adventures and experiences. We've also made many friendships that will last forever. Coronavirus meant we missed doing lots of fun things, such as PGL, SATS and a leavers' assembly, but we have looked on the bright side and look forward to the new chapter ahead of us that's about to begiin.

Scarlett and Martha



During my time at Eastington, I've had many amazing opportunities and experiences.

In Class 2 we had a talent show, it was great fun, though I was scared to go up for my turn.

In Class 3 on the cricket trip, I waited all day for the ice cream!

In class 5 we made face masks, the plaster felt so cold, especially when my friends were applying it!

My favourite memory of all was watching the Polar Express. It was so much fun, especially as we got to wear our comfy pyjamas.

Chloe

I have many good memories of my time at Eastington, here are just a few of them!
I remember in Class 1 saying good morning in Welsh when doing the register.

In Class 2 we had a talent show.

In Class 3, I was scared of the teacher at the start of the year – I soon realised how lovely she was.

In Class 4, we had fun making catapults and in Class 5 we were very excited when we found out that our teacher was having a baby!

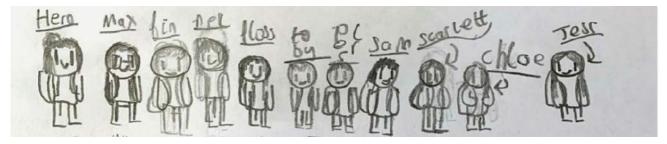
Sam

Acrostic poem - Bella

- L Lockdown leavers
- E Everlasting memories
- A Adventures
- V Virus taken over some of the year
- E Eastington school is the best
- R Ruined by Corona but still all happy
- S Sad to leave this amazing school

Acrostic poem - Piers

- L Leaving school with adventures ahead
- E Everlasting memories
- A Aiming high in the future
- V Vibrant memories
- E Ending of primary school
- R Running in the future
- S Seeing interesting things



Councils



I would like to thank all volunteers and businesses for their help during the lockdown. I know many parishioners were very grateful to them.

Parish Council has continued having remote meetings via Zoom during lock down. These will continue until we are advised we can have our meetings at the Village Hall. All Parishioners are welcome to join our Zoom meetings and the invitation/links are on the Agenda. This can be found on our website at https://eastington-pc.gov.uk.

We are still receiving planning applications which we are also dealing with remotely. You can find our responses on the website.

Following Government advice, we have reopened the village's much used and loved Playpark. Volunteers placed posters to advise users of the Government safety guidelines. I'm sorry to report that, on checking recently, we found these notices have been removed. This is very disappointing, as they re there for the users' safety. We would respectfully advise users to take note of the advice so the park can remain open. Also, please note that CCTV is in operation around the park and allotment area.

Also, be aware that the allotments are private property and only plot holders are allowed access. Some adults and unsupervised children have been wandering on the allotments, and there have been complaints of damage.

You may be interested to learn that I have been contacted by the newly appointed Headteacher of the new Academy School being built at Great Oldbury which, she informs me, is due to open September 2021. The Headteacher has provisionally booked the Village hall for 17th September, 2020, in order to share more information. This will be confirmed later, as it is dependent on further lifting of lock down restrictions.

The Parish Council is inviting applications for prospective Councillors to be co-opted to fill one Councillor vacancy. Please forward your application via email if possible to clerk@eastington-pc.gov.uk with a brief reason why you would like to be a Parish Councillor.

Muriel Bullock

Chair Eastington Parish Council

01453 826172 07715962309

Eastington Village Hall

We are pleased to be able to open our doors again to our regular group users from August. For the safety of our community, we regret that for the time being the kitchen will be out of bounds, and it is not possible to open for private functions yet. This will be kept under review and the Hall opened fully when it is safe to do so.

Please contact me if you need any further information.

Muriel Bullock, Chair of Eastington Village Hall Committee.

01453 826172 07715962309



Well that's another academic year over and this has been the strangest to date! Having had to close back in March, we reopened in June like many other settings and were pleased to welcome back some of our pre schoolers for the final few weeks of the summer term.

It always amazes us how resilient children are, and how much they pick up and understand even when you don't think they are listening! The children had an understanding of why they had been away from playgroup for so long; 'because of the virus we had to stay in our house' and, 'stay away from people'.

They picked up new playgroup routines and new rules about handwashing and using hand sanitiser really quickly and the way they adapted was incredible. It was so beneficial to have the children back so that they could interact with their peers too. Social interaction for children is so important to help develop their language skills, creativity, empathy, communication and confidence and these are qualities we strongly encourage and strive to develop in all of our children all year round.

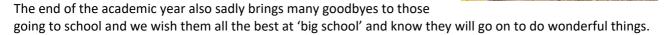


Some things about playgroup have stayed the same, and we have had a lot of fun despite the changes and have loved using the outdoor environment so much to develop our knowledge and understanding of the world. We have enjoyed walks through the corn fields looking for rocks and bugs. We have spent time at our allotment playing in the gravel pit and mud kitchen. This area is being refurbished in the summer holidays to create a space that can be used all year round as an

outdoor learning environment which we are very excited about!

On our many walks we also picked some wild flowers and fallen petals and with them decorated our very own butterfly wings to develop our fine motor skills.

We made masks and capes and became 'germ superheros', talking about the importance of keeping clean and how this impacts on our general health, whilst at the same time developing our independence.



We have missed having all of our children back at playgroup but can't wait for everyone to return in September. We still have some places remaining for September starters and take children from 2 years 6 months, so please email Michelle to request a registration form, alternatively you can look at our website to download it.

It is never too early to put your child's name down to start with us, as places fill up quickly. We hope that we will be able to offer visits to prospective parents as from September, but until then if you wish to secure a space for your child, we will look forward to hearing from you.

Stay safe and enjoy the Summer everyone!

If you have any questions or would like a registration form please contact Michelle our administrator on **07977 342 742** – email eastingtonplaygroup@hotmail.com or see our website www.eastingtonplaygroup.co.uk





Eastington Yard Trail - 12th July 2020



Once again our Village Yard Trail was blessed with fine weather, and a large number of people came out to enjoy a walk around our lovely village in the sunshine - and hunt for the odd bargain. - And plenty of bargains were to be found - this was our biggest sale yet - with over 40 addresses taking part. Lockdown-loft-clearouts were obviously effective. Many folk were just happy to chat to neighbours (in a socially responsible way) that they had not seen for a while.

Sellers and buyers alike all seemed to have a good time - and we must thank Katie-Anne Potter for getting us all organised for this once again.

This year, Kate was asking all 'stall-holders' to donate to her charity collection, and she raised a massive £220 which was spilt between St Michaels Church and the Great Western Air Ambulance service in memory of Wayne Seeley.

You can read the Church's thanks on their page; Kate has also had a lovely letter from the Air Ambulance Charity with their thanks and pointing out how vital donations are to their services in this area for those needing urgent help

Kate would like to thank all those of her family and friends who helped with phone calls, leaflets, posters and general sorting out - and also everyone who joined in to make this such a success.









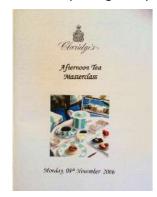
VE Day 75: Commemorating in Lock-down

Della M. Nevill MBE

Having lived in my village for nearly 30 years, there are certain expectations when it comes to marking key events - historical or otherwise - a flower festival in the church or a parade through the village by the primary school, RBL etc.

I remember when we commemorated 50 years of VE/VJ Day back in 1995 there was a series of planned events centred around a marquee on the village playing field. My husband rigged up a sound system and prominent villagers read poignant prose while appropriate musical accompaniment from the time was played e.g. Gustav Holst, Edward Elgar, as well as a selection of more upbeat wartime numbers. There was a wealth of wartime experiences relived and shared with future generations.

25 years on in 2020, however, things had to be different due to the continued lock-down restrictions with many in the vulnerable category. We didn't let that stop us though, we still wanted to mark this significant milestone, if not for the whole village, for at least our immediate neighbourhood. We put up bunting on the front and back of our house and, once again, my husband rigged up the sound system, this time placing the speakers in our upstairs windows to ensure maximum reach!



We decided to follow the suggested national theme of afternoon tea, so I delved into the kitchen drawer and found a well-thumbed Claridges masterclass recipe booklet and set to work. On the menu: a selection of dainty sandwiches – smoked salmon and cream cheese, egg mayonnaise, shortbread fingers, chocolate covered strawberries, and the all-important scones with jam and cream. A special shout-out for Dave our milkman who delivered a carton of double cream direct to my doorstep early Friday morning!

At 3.45pm straight after the excellent BBC TV coverage, which we knew our mainly elderly neighbours would be watching, we delivered afternoon tea on vintage cake stands to them to the sounds of the 1940s era. We put a 30-

minute playlist together including songs by wartime favourites – Gracie Fields, Billy Cotton and his band, Glenn Millar and Vera Lynn. We finished the set with We'll Meet Again which we all sang along to.

It may not have been the usual big bang approach which our village does so well, but it certainly hit the spot for a small segment of our community as proved by some of the unsolicited lovely feedback we have received.

"Thank you both so much, you gave me the best day in 7 weeks... I will never forget it"

"the food was 1st class – everything"



Local Business



Autumn Performance

It's nearly a year since Bluefrog Theatre Company performed 'Paper Memories' - a community piece of theatre that told stories about local folk in our wonderful

village of Eastington.

It's also 2 years since we performed our first performance, a comedy, set in a local village hall during the weekly Tai Chai session.

So, what about this year's theatrical offering? I hear you say, well it's been a different year and no one could have predicted this. Everyone has been affected in some way and the theatre world has got a long way to go before it has fully recovered. However, I have been busy writing and I'm hopeful that we can enjoy some local theatre once more. That said, Bluefrog will be performing this coming autumn and all being well there will be a little bit of theatrical light relief coming your way. Watch this space!



I can also confirm that the full 3 act comedy performance of 'And Breathe....' will be shown at a venue in Eastington in the Spring, I am really looking forward to getting the community back together and entertaining you all again.

As always, I will be looking for local actors to get involved, so if you fancy doing something different and treading the boards as it were, then get in touch.

Look forward to see you all very soon!

Liane 07969 436138 lsnhadley@gmail.com



Firstly, thank you very much for your support over the past few months. What a year to start a business!

Hopefully those who shopped with us enjoyed the seasonal fresh fruit and vegetables we had to offer, and will continue to do so.

We have a couple of exciting new additions to the shop over the next few weeks including an ice-cream scoop freezer stocking the wonderful Wholly Gelato. We also have some of our home bred, grass

fed Angus beef available. Please keep an eye on our social media and the website for more information. How amazing is that, to have meat grown right on your door step!

We now have the shop open, with social distancing in place. Wednesday – Saturday 0900 - 1700, and Sunday 1000 - 1300. However, we are still taking orders and running a contactless collection service for those who would prefer to shop that way. The contact information is available on our website.

Once again thank you for all your support, it is a pleasure being part of a great community.

We hope to see you all in the near future, either for your foodie goodies, or a coffee, cake and ice-cream.

Local Business



The Girls at Bond and Co have loved welcoming you all back to the salon.

We would like to thank you all for being so patient with our new rules and regulations but we think keeping everyone safe is more important than anything.

Tel: 01453 825081

We would also like to thank all our regular clients for being so patient as we have tried to catch up with all the colours and cuts that were desperately overdue. I think we have done

quite well after a month of working very long hours we feel we are starting to see the light at the end of the tunnel, so any of you who have been waiting patiently please give us a call and we are doing our best to get you all in at times that suit.

We have changed our opening hours slightly as we have found our late evening are very popular more so than Saturday mornings so our hours are as follows: **Monday – Thursday 9 – 7** and **Friday 9 – 5**

But we are always flexible it's more often than not we are here at 8am till much later to accommodate you all.



Calling all dogs! Come and try out the play pool at the





While your friends enjoy a pint or a bite in our garden

Eastington Cricket Club





By now we would normally be two thirds of the way through the cricket season. We had started pre-season indoor nets when the anti-social behaviour order arrived resulting in cricket going back into hibernation.

Now, providing players have read pages and pages of guidance notes from the government and the E.C.B. and are prepared to take the risk, some form of cricket will be taking place on grounds that are open. We hope to be playing outdoors (away matches only) from mid July to early September.

The winter indoor league programme is in the balance.

If anyone fancies a game contact Roger Beese on 01453823128 or 07884438417;

For general enquires contact Keith Dench on 01453764990.

Keith Dench, (Eastington C.C. Secretary and Chairman.)



eastingtoncricketclub



Eastington Community Land Trust Ltd. (ECLT) Providing the affordable homes that Eastington needs

ECLT Project One

Fullers Close site is open again and building our 23 houses

After six weeks in limbo, E G Carter re-opened the Fullers Close site in Claypits on 15th May. New proceedures dictated a change of methods and a slower rate of progress but comparing these two photos shows what had been achieved in the eight weeks to mid-July.

On the left, a single building (actually four flats) with a forest of scaffolding in May. In the right hand photo, five more buildings in progress mid July. The flats, now without scaffolding, are the brick wall on the right of picture, with a pair of 3-beds, two pairs of 2-bed homes and a wee bungalow in the distance.





As can be seen from the roof coverings, internal work is underway in four of the blocks

E G Carter's Covid-compliant procedures say that only one trade can operate in one unit at a time and on my last visit there was a chippie in number 16, a sparkie on final fix in number 18 and someone masking up the kitchen worktops in number 15 ready for tiling and plasterers in 13/14.

Here is the most advanced, flat 18, with some shrouding removed for ECN's benefit. Photo taken during tradesmen's lunch break.

We remain optimistic that the whole site will be completed around Xmas.



Those of you registered on Homeseeker Plus should look out for the first homes being advertised in early September. Homes will be advertised on Homeseeker Plus for 3 weeks instead of the usual 1 week to make sure nobody is unlucky enough to miss the opportunity to bid.

NB. ECLT has no part in the Homeseeker process, apart from having organised the priority criteria for local people through a legal agreement with Stroud DC and Aster Homes.

Please see our website: https://eastingtonclt.uk



Eastington Community Land Trust Ltd. (ECLT) Providing the affordable homes that Eastington needs

ECLT Project Two

23 new affordable homes will not be enough to meet current needs

Housing Needs Survey 2013/14

ECLT was founded in 2013 to organise the building of affordable homes needed in the parish. This was quantified in 2014 as being 23 homes for affordable rent, in an independent Housing Needs Survey.

Project One was instigated and is within months of completion after 5 years' effort by the ECLT Board.

Housing Needs Survey 2019

Parish Council commissioned a repeat of the 2013/14 independent survey in mid 2019. Every household in the Parish had a form to fill if they needed a new home within five years. The response was significantly more than five years perviously, quite possibly because the sight of real homes being built for local people, all for affordable rent, had given folks confidence that Eastington really can do this.

The 2019 report revealed apparent needs for:

- 20 homes for market purchase
- 18 homes for affordable shared ownership
- 33 homes for affordable rent

The 20 homes for market purchase are avialable in Great Oldbury and so do not fall into ECLT's remit.

Taken together, the 51 homes identified for affordable housing is far more than Fullers Close (ECLT Project One) can provide. 51 into 23 won't go.

ECLT therefore began planning for Project Two late in 2019, aiming for 25 to 30 affordable homes. As we have learned, it takes several years to achieve a finished scheme and so ECLT Trustees felt able to take on this new challenge. We have little responsibility for Project One now that Aster Homes and E G Carter are executing the plans we designed at Fullers Close, releasing our energy to focus on Project Two.

Progress on Project Two

ECLT have obtained government grants of £72,000 so far to do all the background research needed to start planning another site: ground surveys, acoustic surveys, ecology studies, architects outline masterplan and associated civil engineering analysis. A Solar Fund grant of £8,000 has been approved by the Parish Council as the local contribution to the project.

When we have an architects drawing that suits our requirement, we will share it with parishioners. Normally, this would be by Drop-in Displays at the village hall but this is not possible with Covid-19. Instead, details of the draft layouts will be delivered to every household, with a return form to express your views and suggestions. This will not be the final layout by any means but the first step in keeping everyone informed, stage by stage of the planning process.

A Registered Society under the Co-operative and Community Benefits Societies Act 2014, registration number 7425. Registered address: Hazel Cottage, Millend, Eastington, Stonehouse, Glos. GL10 3SF,01453 823425 https://eastingtonclt.uk,



Wild Hogs Hedgehog Rescue

Frampton-on-Severn

CORONAVIRUS UPDATE: We are still accepting hedgehog admissions.

If you have found a hedgehog in distress, **please call us on 07949 976717**. We may ask for more details over the phone to minimise contact - please do not come to the centre without calling first..

Wild Hogs News July 2020

Many of us are now leaving our lawns to grow longer, and the wildlife is really benefitting from the flowers and grasses that are growing. However, when it comes to cutting, please do check carefully for hedgehogs. They are well camouflaged as the photos show. Without the use of a thermal camera, it would be impossible to see if a hedgehog was hiding in the grass, so before you cut, please just walk through the area and check. Sadly, we've had several hedgehogs come into the rescue lately with horrendous injuries.

Please take care





This time of year is also hoglet season and we've had some of our youngest residents join us at the Rescue.

Hedgehogs nest under decking and sheds, and in compost heaps so please take care when dismantling these as you may disturb a nest. If you do, please call us immediately for advice.

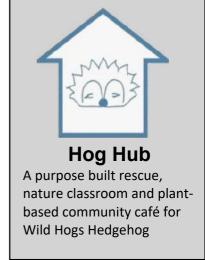
We have launched the plans for our new Rescue!

This is a much needed upgrade to give us space to help many more hedgehogs, provide educational sessions and activities and help us to fund the rescue longer-term.

The rescue currently has capacity for 21 hogs in Intensive Care Unit (ICU) and 21 hogs in rehabilitation. Over the past few years, admissions have increased to over 300 per year and simply put, we need more space!

We are fundraising to acquire an acre of land in the local area along with purpose buildings. Thanks to all those who have already donated. Please support us by visiting www.hoghub.org.uk so we can help more hedgehogs that need our care.





Wild Hogs Hedgehog Rescue has been running since 2010. The Rescue is a registered charity, No: 1168800 It rehabilitates over 300 hedgehogs every year.

Eastington Community Orchard Group

Wendy Fabbro - Chair



Many of us are looking forward to a bumper crop of apples and pears on our trees this summer, helped by the warm sun in May and then the rain to grow the buds. Our own Eastington Community Orchards at Coneygree Community Orchard (by the Church) and Brownings Community Orchard (behind the Kings Head), are looking good too, although the fruit is still very young and bitter (as those who have picked, taken a bite and thrown the apple back on the ground have found!!).

The Eastington Community Orchard Group (ECO) has been planning for the apple and pear harvest in the autumn and will still be producing juice - so we are pleased to repeat our offer to you -

Bring your apples and pears to either my house - Middlehall Farmhouse, or Tom Low's Hazel Cottage, Millend. We will press, pasteurise and bottle, then return to you your share of bottles of the juice.

We will aim to sell the remainder to fund the maintenance and development of both Coneygree Orchard and Brownings Orchard as Eastington community places

Sadly it's still hard to see how we could safely celebrate our **Apple Days** as public events as we have in previous years. But, we are watching the news carefully and will let everyone know if it seems to be possible to get together to press the fruit – watch for an update in ECN October edition.

Meanwhile during the last year, ECO have made great progress in both Coneygree and Brownings Community Orchard, installing paths and picnic tables and maintaining both as delightful family places to enjoy.





Conygee's new paths and circular bench in 2019, before social distancing!

Plenty scope for family groups and it's wide enough for 2 couples to be 2 metres apart.

Please go and explore safely!



Places for quiet contemplation, too

History

History beneath our feet

Stephen Mills

When archaeologists start to investigate a site, often, one of the first things they do is 'field walking'. Put simply, this involves walking methodically across a location whilst scanning the surface of the ground for anything that might give a clue to what's buried beneath. Broken bits of pottery, coins, etc. can often give an indication of perhaps where some sort of structure once stood. The number and scatter of 'finds' can be useful in helping pin down a lost or unknown building or settlement.

However, in this case, it was the reverse. The site of the building was already known – we've talked about this in a previous issue of the ECN (178 - *Lost Cottages*) – it was Vernal Cottage that once stood in the corner of a field between Cress Green and Millend. Having been a family home for well over a century, it was finally demolished in the early 1950s. There's now virtually no trace of the cottage above ground. However, under the ground is a different story.

This is where field walking comes in. The field in question was recently harrowed and prepared for a crop of maize - this included the area where Vernal Cottage once stood. A combination of this treatment and the weather brought innumerable bits and pieces to the surface. As shown in the pictures, an assortment of items surfaced. From the kitchen came numerous broken bits of ceramic storage jars and bottles, although mostly, it was a wide selection of fragments of plates, cups, and dishes, much of it in traditional Victorian and Edwardian Blue & White patterns. But there were also other bits from later years, harking back to the Art Nouveau and Deco periods and beyond. These discarded fragments made it possible to follow changes in taste and design that occurred with the passing years.



Some of the assortment of older ceramic fragments – mostly variants of transfer-printed 'willow pattern' blue & white designs, particularly popular in Victorian and Edwardian periods.



Pieces of broken clay pipes at the top. Below, shards from kitchen storage jars and containers

Also coming to light were quite a collection of clay pipe fragments. In 1839, the cottage was owned by Anne Gardner, but was being lived in by William Burford. It's nice to picture him sitting by the fire smoking, only to drop his pipe, shattering it on the floor, then with a few choice words, throwing the remains out of the window, where they were to re-appear many years later.

Other bits that were gathered up included parts of several metal horse shoe-shaped heel protectors from childrens' shoes, plus several small unidentified pieces of metal. There was also a metal spike that looks suspiciously like a remnant from the garden fence.

But why does so much material appear like this? This was an era when waste collection as we know it didn't exist, especially in the countryside. Unlike rural Eastington, most larger towns and cities

had organised collections, but in many villages and other rural settlements, this didn't arrive until as late as the 1950s. It was a time where household waste was often disposed of under a handy hedge or in a pit dug in the garden. That is why, like here, so many of the bits and pieces now gradually reappearing have not moved far from their original location. Any organic or food waste will have long disintegrated, leaving behind the type of things that Vernal Cottage has now offered up.

Vernal Cottage is far from unique, and if you stick a spade into the ground almost anywhere where people have lived or worked, something from the past will emerge from the darkness. From an historical perspective, it's not just Roman coins or lost gold rings that are important, and as here, the detritus from even a generation ago has a value in helping to shine a light onto the daily lives of our ancestors.

Councils

District Councillor Report – July 2020

Cllr Stephen Davies and Cllr John Jones

It is difficult to know where to start as there is so much that has changed since our last article.

Let us start by looking back at this crisis. It easy in retrospect to dwell on things that could have been done better and there will be the inevitable Inquiry which I am sure will take a long cold look at the Covid Pandemic.

Locally we have seen some incredible activity. We have seen Local Government at both County and District Council level continue to provide key services including Adult Social Care, Children's Services, rubbish collection and many others. It should not be forgotten that schools have of course remained open for the children of key workers throughout. County and District Council have also been responsible for the distribution of two Grant Schemes that have distributed 2,200 grants totalling £24.5m in the first scheme and a further £2m in the second scheme. We are now seeing the return of other activity including Highways and Planning. However what has impressed me most of all is how Communities have come together to support those in need and the incredible work of Community volunteer groups.

Looking forward I think there are two main concerns.

The first is that we continue to be careful and maintain social distancing to avoid a second outbreak. Gloucestershire County Council has published its Covid 19 Local Outbreak Management Plan.

The second concern is for the local economy. Central Government has and I expect will continue to invest a large amount of money into the economy but there will need to be a local recovery plan organised by and delivered by Local Government. The District Council is developing a Recovery Plan. You can do your bit by shopping locally and supporting local businesses.

More locally in Eastington we continue to see the development of Great Oldbury and remain vigilant that we can make this the best possible development for the new residents in our Community.

If you have any questions on this or anything else please get in touch with us,

you can email either cllr. Stephen.davies@stroud.gov.uk or cllr.john.jones@stroud.gov.uk.



Citizens Advice amid the Coronavirus crisis

When the lockdown began on March 23, Citizens Advice Stroud and Cotswold Districts quickly mobilised staff and volunteers away from face-to-face interviews to give one-to-one advice over the phone and via email. By mid-May this charity had helped over 800 people. Help can be given with applying for universal credit, navigating the government's job support schemes, how to manage paying bills, relationship breakdown, as well as many other issues.

Martin, a volunteer adviser said: "This service is vital now more than ever. There's so much anxiety around this virus and what it means for people's health, wellbeing, jobs and finances. As a volunteer, it feels good to be able to help and it's a privilege to work with such an experienced team of advisers."

Sarah Telford, Chief Executive said: "I am so proud of our volunteers and staff who have quickly rallied round to ensure no-one needs to face the financial challenges of Covid-19 alone. So if you're in need don't hesitate to pick up the phone or drop us a message, our advisers are ready and waiting to help."

The Helpline numbers are 0808 800 0510 or 0808 800 0511 Mon to Fri 10am to 4pm,

Calls are free from landlines and most mobiles. For email enquiries, please visit our website:

https://www.citizensadvice-stroudandcotswold.org.uk



Owen Harris Memorial Ground Charity Registered Charity Number 1013643

Eastington Community Centre and Owen Harris Memorial Ground

Firstly the OHMG Committee would like to thank all those who put in valuable volunteer time in order to produce and distribute the ECN. It's a great read and is representative of the wonderful community spirit that we have here in Eastington. We are so pleased that the ECN team are back, well done all.

Another valuable resource that we have available to us is the Gloucestershire Rural Community Council. They provide support to all the rural communities in the County. Following the easing of lock down we have been gratefully receiving information from GRCC as to how multi use Village Halls and Community Centres should proceed, this is based on the Government guidance. If you have a lot of diverse users, as we do, it's complex, and it's constantly being updated, so a lot of reading!

During lockdown and in the last couple of months the Committee has been working closely with all our regular Centre users giving updates and any support that we can to enable their safe return when this is advisable.

In June, after a lot of hard work in respect of Covid 19 safety measures, our amazing Playgroup returned to the Centre, albeit on a restricted basis. Playgroup is classed as an essential user so the areas of the Centre that they were using had to be restricted for their sole use. This may change in September and is something that is under review.

Going forward, our priority is to gradually open up to our other regulars who use the main hall for evening classes. Sadly, due to all the restrictions we don't feel that we can accommodate parties or bar events at the current time.

This has been a very challenging time for a lot but one positive is that we have been very fortunate with the good weather and as lockdown started to ease it was wonderful to see families making use of the beautiful public field space, having picnics, exercising and playing sports games.

Early after the easing a family set up a little area on the side of the field with a parasol, a couple of fold up chairs, a blanket for the kids, a picnic and ball games. This reminded me of when families would go out for that Sunday afternoon drive and stop on a verge at the side of the road to enjoy the countryside views. Fold up chairs; sandwiches and a flask of tea were the only requirements. Sometimes the simple pleasures are the best ones.

Thanks everyone for supporting your local Community Centre and we look forward to welcoming you all back as soon as it is safe to do so.

Contacts are:

Gill Glover - Centre Manager: 01453 828782

003540

Vanessa Cousins - Bookings Clerk: 07086 802540

Mark Cousins - Chair: 01453 828557 4 Alkerton Grange Cottages, Eastington, Stonehouse, Glos. GL10 3AF

www.ohmg.org.uk

Many of us were devastated by the loss of Wayne Seeley in June, following a tragic accident. Wayne's photos have been featured in ECN. He will be much missed in the community. His family and fiancé offer the following tribute.

In loving memory of Wayne Seeley (the flying photographer) Fly high .. my love



A much loved Fiancé, son, brother and friend, he will be terribly missed!

He was one of a kind and had a smile and hello for anyone. I'm sure everyone will miss seeing him flying over, waving, then afterwards posting his beautiful photos for all to see.

The sky seems so empty!









Linda, Leanna and Wayne's two sisters Jenny and Clare would like to thank everyone for all their love and support through this difficult time



Eastington Methodist Church

It has been quite an eventful few months since the last edition of ECN both as a church and for us at our family level. The lockdown came at a time when my wife Beck was due to have radiotherapy treatment for cancer and mercifully this went ahead in spite of her receiving a letter about isolating herself completely.

I was furloughed for much of the period and only started to resume my role in the Canal Trust in July.

Our daughter's wedding planned for September was intended to be a big do in Winchester but that was cancelled by the venue. Instead, once marriages were possible again, we had the joy of seeing it happen on 18th July at the Parish Church here in Eastington in the company of a spread out set of close relatives and friends. Our thanks go to Revd. Steve Harrision for facilitating this at short notice.

We are now looking after Beck's elderly mother at our home with the assistance of visiting carers.

So it has been a mixed bag of the good and the bad and very different to anything that could be regarded as normal. What has not changed is that God is still God and there is a lot of comfort to be had in knowing that He loves us and that we can call upon him for help in whatever circumstanced we find ourselves in.

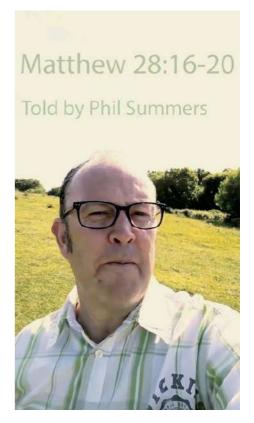
What has been disappointing to me is that there has been little sign of turning to God at a time of crisis by those in national leadership. When we should be repenting and seeking God, the prevailing sentiment seems to be that we can sort it out by throwing money at the problem and assume that science will sort it all out sooner or perhaps later. True wisdom can be found in God who does not need hindsight to see what would have been best.

What about the Church?

Our last ECN article was written just as the COVID-19 lockdown came into force and all our normal activities had just been suspended. Very rapidly we were able to resume our 11am Sunday Morning services using ZOOM over the Internet. This was a new experience for many of us including some of those preaching but works really well. The in house system we have developed for projecting the words for the hymns and songs has the ability to play the music as well and proved simple to use with screen share on Zoom. It has therefore been possible to reproduce what would normally have taken place physically in the building with the main exception being Communion which, for reasons that make little sense to most of us, requires participants to be in the same location.

An enhancement has been the production of a series of video dramatic readings produced by our minister, Phil Summers, during lock down. In many services, we have used these to good effect.

At the time of writing, the lockdown restrictions have eased somewhat and are likely to continue to do so. In theory, we could resume services in the church buildings now but social distancing would have to be strictly maintained, the services are supposed to be kept short, and worst still, it looks like singing would not be allowed. Some of those that can safely join us at on-line services





are housebound or of an age/have health conditions that would make them more susceptible to the worst of the COVID-19 infection were they to get it. This makes the decision as to when to restart services in the church building quite complex and it is more likely to happen when singing is allowed or is known to be safe, and the residual COVID-19 infection in the wider population has reduced still further.

We will provide updates on www.EastingtonMethodists.org.uk where the ZOOM link to the services and other activities can be found if you would like to join us from the comfort of your own home. We can also patch people in over the phone who are not able to use the Internet – please call us to be included.

The on-line services were soon followed by prayer meetings and Bible studies. These have been successful and attendance/involvement has been maintained or enhanced.

We give thanks to God that the spiritual work of the church has been maintained throughout the last few months and we have been able to support several people with their practical needs over this period.

Youth Club

We did run a series of on-line youth clubs but these did not attract the level of participation that the normal club attracts. Therefore we are prioritising getting the youth club up and running again on Friday evenings initially meeting only when the weather is fine outside at the Owen Harris Memorial ground. This is where we would have been on most summer evenings anyway. Social distancing will need to be maintained but we have some ideas of some fun things to do which will not compromise this.

Risk assessments have been written and some hand sanitisation kit is on order. We will be contacting the regulars with a start date but are aware that this might be of interest to others including those going up to secondary school in September. If you are new or have not heard from us recently, please drop us an email or call so we know of your interest and can keep you updated.

Toddler Groups

The situation is similar to that of the youth club in that there are significant limits to what can be done online. Moves are afoot to organise a bring your own picnic as a first step towards resuming meetings.

Contacts: Roz Wisniewski (Youth & Families Worker) 0776 190 2249

Beck Burgin 0751 119 7265 or 01453 827414

Rev. Phil Summers (Minister) 01453 542565

Ken Burgin – Senior Steward at Eastington Methodist Church

GP Consultations at Frampton surgery - Taking care during the Covid-19 pandemic

Initial contact with your GP will be by telephone. The doctor will assess your needs and any requirement for a face-to-face appointment.

If you are attending surgery, please wear a mask or double layered face covering. On arrival, please phone reception on 01452 740213 and wait for the doctor or nurse to collect you – the plan is to have a safe waiting room facility available soon.

For pre-booked telephone consultations, please allow up to an hour either side of the time given (the Surgery will endeavour to call as closely as possible to the booked time).

The Surgery offers a medication delivery service for vulnerable patients who find it difficult to get the surgery. Please call the surgery to be added to their list 01452 740213.





We are beginning to see our church emerge from lockdown. When it was in full effect life was pretty simple, the guidelines were clear and easy to communicate. We are now entering a stressful and complicated phase, and let's be clear, the threat of another lockdown if the virus spikes again. Just because things seem to be returning to some semblance of normality this doesn't mean we can take risks and lose our vigilance.

The big news is that St Michael and All Angels Church Eastington has reopened for private prayer and reflection between **Thursday and Sunday 9am-4pm**.

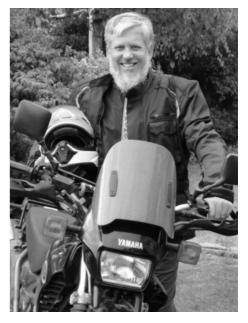
Weddings, funerals and baptisms can now take place with up to 30 people in attendance.

This is great news, but it will bring its fair share of complications and challenges. Church services across the Stroudwater Team are being kept limited for the time being for a few reasons; to gauge demand, to limit the number of churches that need cleaning, to obviate the need for calling on older clergy, space considerations and parking availability.

Worshipping together is a blessing and relief for us, but our thoughts are with those who are not able to attend. We do know one thing, and that is God's love through His Holy Spirit connects and holds us together as His church. Wherever we may be, know that we are the church, meeting in different ways, but no less the means of Christ's presence in the world.

Thank you for your encouragement, for being part of our worship and for your love and care. Please look after yourselves, do what you can, but don't be guilty for not doing what you shouldn't. God is with us and He loves us and He can see the hopes and desires of our hearts.

Rev Steve Harrison - Rector



Digital resources

There are a range of resources available for people to engage with at this difficult and challenging time in the life of the nation and the world:

- "Time to Pray" app everything you need for Prayer During the Day, with variations according to the day of the week and the sea son of the Church's year. Download for free on your mobile and tablet. Alternatively you can visit the resources for each day at worship/join-us-service-daily-prayer
- **Live streaming church services** we invite you to join us at 9.30am and 9pm daily for a simple act of worship between Monday and Saturday on the "Stroudwater Team of Churches" Facebook page.
- **Sunday church services** check out the "Stroudwater Team of Churches" Facebook page for details of Sunday services in church buildings, including details of Sunday services via Zoom and Facebook.
- **Prayer for the day** each day the Church of England <u>publishes online and via smart speaker apps</u> audio and text of the Prayer for the Day.



The Organ Hymn-A-Thon

Chris Amys is embarking upon the Organ Hymn-A-Thon by playing your requested hymns whilst also raising money for the Stroudwater Team, including St Michael and All Angels Church Eastington.

To get involved could not be easier.

Simply donate and upload your hymn request at www.justgiving.com/crowdfunding/stroudwater.

In return, Chris will endeavour to play all of your requests, with videos being uploaded regularly via Facebook, Twitter and YouTube.



With hundreds of hymns to choose from the possibilities are endless.

There is no minimum donation but your generosity will help support the running of St Michael and All Angels Church Eastington and the Stroudwater Team.

Fundraising Appeal



Due to COVID-19, we had little choice but to close temporarily, resulting in a significant drop of income from collections. As such, we are appealing for much-needed funds to ensure the church can serve the people of Eastington for future generations.

You can donate via the Parish Giving Scheme, in which donations are made monthly, quarterly or annual basis by Direct Debit. The donation can also be Gift Aided. For more details about the Parish Giving Scheme, please contact

Jacky Naylor on 01453 822728 or at jacky@mikenaylorsurveyors.co.uk.

Eastington Yard Sale

There was a good turnout enjoying the sunny weather on Sunday 12th July 2020 and we had a successful day managing to sell most items with takings of over £400 for church funds.

A massive thank you also to Kate and her team of helpers for organising an excellent day which raised £220, which has been split between Great Western Air Ambulance and the church.

With Kate's contribution the churches total will be in excess of £500. Many thanks to all who donated items for sale and supporting us on the day. It was lovely to see you all.

Mike and Jacky Naylor

If you require any help and support, or simply would like a chat, please do not hesitate to contact any of the following individuals:

Rev Steve Harrison 07466 858975 rectorstroudwater@gmail.com Rev Liz Palin 01452 741147 tv1stroudwater@gmail.com tv2stroudwater@gmail.com **Rev Dave Bishop** 01453 822332

Mike & Jacky Naylor 01453 822728 mike@mikenaylorsurveyors.co.uk

07867 482586 Chris Amys chris.amys@hotmail.com



Flower Festival

Sadly because of the current situation we had to postpone our Flower Festival, themed

British Summertime, which was due to take place in St Michael and All Angels Church Eastington in late June 2020.

However we are pleased to announce that, subject to COVID-19, the Flower Festival will be rescheduled for 2021 during the summer, with dates to be announced in due course.





Eastington Autumn VIRTUAL

Veg & Flower Show 2020

on the web On Saturday 5th September

Post a picture of your best plants!

Watch for details on Facebook Love Eastington

Zumba in the Field

On the 11th of July we held a Zumba session in the playing field to raise money for Wayne Seeley's memorial which will be placed at Frocester Hill. The funds are growing and there is still time if you would like to donate*.

A big thank you to everyone who came the turn out was great. It was a very hot afternoon but you were all brilliant and kept going and best of all everyone was smiling. You were a pleasure to teach. Also thank you to those who couldn't attend Zumba but kindly made a donation anyway.

I'm always happy to put on a Zumba class for a good cause and can be contacted via Facebook.

Kelly Hogg

*If you would like to make a contribution to Wayne's memorial, please email Kate@Allen-White.co.uk

Snakey Park - Rubbish!

The good news is that the Snakey Park playground is open again for our children to enjoy.

The bad news is that some people do not seem to appreciate what a great asset this is, and that it is volunteers who look after it. In fact someone recently remarked how, during the lockdown, everywhere looked so much cleaner!

PLEASE think of others whenever and wherever you are out and about and enjoying yourself and

PICK UP AFTER YOUR DOG and TAKE ALL YOUR RUBBISH HOME

Local Business



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We are now open:

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 9am - 2.30pm
 Thurs:
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 Tues:
 9am - 5pm
 Fri:
 9am - 5pm

 Weds:
 9am - 1pm

Our salon is fully COVID-19 compliant, making sure all our staff and clients are coming to a hygienic and safe environment.



I would like to say a big THANK YOU for everyone's support through these strange times!

A special offer for you throughout August:

Our 'Summer Ready' feet treatment includes hard skin and callous removal, treatment mousse, foot cream from the fabulous Footlogix, cuticle remover, cut and file nails,, finished off with long lasting gel polish of your choice.

ALL THIS FOR JUST £28!! Call Louise now on **07769 273893**



Lynne Jessett Floristry

Well what a strange time it is , I would like to say a huge Thank You to all the local people who have been supporting my little business. Weddings are not on the agenda in a normal way until probably next year , so business not as it should be -but here at Lynne Jessett Floristry I have tried to keep busy doing seasonal wraps and the contactless deliveries which I am continuing each week

I am currently working on a project with a few other suppliers to offer an intimate wedding package for those people who do not want to wait until next year based in Gloucestershire and Worcestershire.

Why not check out what I am up to in my posts on instagram and Facebook @Lynnejessettfloristry Thankyou again for supporting your local businesses as we move through this difficult time. This is still so important as things won't be good financially for the wedding industry for a long time.

Most of all, stay safe and I wish you all well, Lynne

01453 825136 / 07815 984857



Have you completed your COVID-19 risk assessment?

Need some help?

Eye On Safety Ltd
Health, Safety & Environmental Services

M: 07917176850 E: eyeonsafety@outlook.com



Slimming World Groups restart on 12th August - book your place!

Contact Sue on 07590 667 307

What's been happening at Severnside Osteopathy during Lockdown?

We have stayed open for advice and video consultations during Lockdown and now have a lovely new website!

At present I am still offering video consultation with advice and exercises for those patients who are still shielding or for whom attendance is not appropriate. My growing experience with this method of working indicates that it can be really useful. When I view the patient and the way they move, I can get a good idea of the nature of the problem and then give targeted advice about what to do toward getting better. I have also been giving exercise advice and in person guidance sessions. By using video or even just WhatsApp I can easily see if it's being done well and give tips for doing it better.

The really good news is we are now delighted to be open for hands-on treatment but with extra precautions and restricted appointment times due to the special hygiene measures that are now in place to keep us all safe.

If you would like to read more about these safety measures, the details are on our new website **www.severnsideosteopathy.uk** - Just click on the red 'Covid' button for further information.

For consultations or for ongoing treatment appointments, please ring **01452 740818** or email ctosh1@talktalk.net Initial enquiry at no obligation Half hour video appointments £25.00

We look forward to welcoming you to Severnside Osteopathy once again. Caroline Tosh

Eastington Businesses fight the virus at Westend Office Suites

Although Westend Office Suites remained open throughout the lockdown there was a marked reduced level of activity with varying impact on individual local businesses located here. Some businesses were required to crease activity whilst others continued and were part of the covid solution.

Firmacore, a groundworks company directed operations from here to support the NHS in Oxfordshire and Flexicare used the site as a base to provide support to vulnerable members of the local community.

Building work at Westend Office suites, to complete the expansion of eight new suites, was interrupted by the lockdown and there were supply issues including obtaining doors, carpet and curtains which further slowed down completion.

In spite of the downbeat media commentary on the UK's economic prospects, seven of the eight new suites have already been filled, five by existing customers looking to expand and two by new companies looking to reduce their commuting journey from home to work. We have also had another company relocate here as they value the self-contained office suites we offer - considering them to be more Covid secure than shared offices, as they are in control of their space entirely.

Grove lane is currently being disrupted by the installation of Fibre from Gigaclear, but this is a short term disruption and we look forward to upgrading more of our offices from highspeed broadband fibre from the cabinet (FTC) to fibre directly to each individual Suite (FTP) which can provide ultrafast broadband to match the best that is available in the country.



Grove Lane, Westend Glos GL10 3SL

Telephone: 07760207194

Email: enquiries@westendofficesuites.co.uk

www.westendofficesuiutes.co.uk



Sanctus Training Limited is a well-established local training provider and recently celebrated our 20th anniversary. We also have several staff that live in Eastington. We deliver a broad range of training and consultancy services from our Training Centres in Gloucestershire.

At our new training facility in Quedgeley we offer a large array of Health & Safety and Professional Development courses including; First Aid, Mental Health First Aid, Site Safety Plus, Communication Skills, and many more. At our training facility in Cam we deliver practical courses including a range of Asbestos courses and Heating, Ventilation and Air Conditioning. We also offer Electrical, Legionella and Water regulation courses.

We are pleased to offer a Reader discount of 10% off any First Aid and Mental Health First Aid courses booked in September and October 2020. Please quote East10% when booking.

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- Children with growth and postural problems



Caroline Tosh DO MSc FSCCO

T: 01452 740818

E: ctosh1@talktalk.net

www.severnsideosteopathy.uk Registered with the General Osteopathic Council Little Stars Childminding

Husband & Wife Partnership

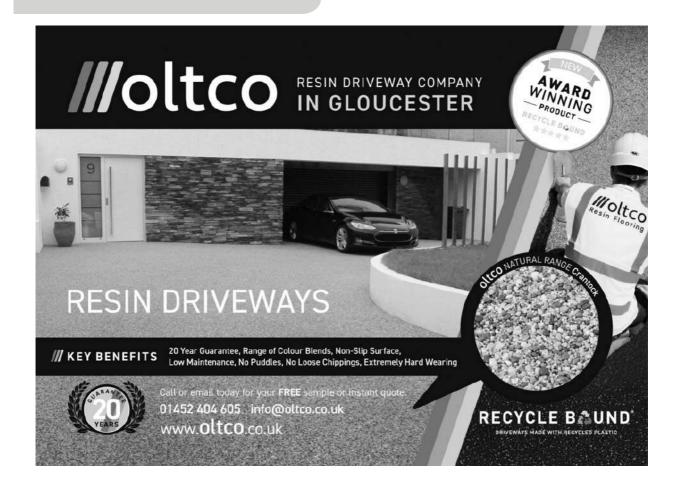
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@ultimate beauty

ECN advertisers battling on

Although the pandemic has caused huge disruptions, we are pleased to report that as far as we know, all our advertisers are now open for 'business as usual' - where 'usual' is the new 'usual ' of course, with all Covid considerations in place.

Many, however, will be operating at a reduced level, so please try to **support your local businesses** wherever possible.

Please remember, too, that face coverings are now required in ALL shops, and that social distancing must still be observed as far as is possible.